

Recommended Reads

PHYSICAL EDUCATION

All of the recommended titles can be found in the Academy's Library.

The Extraordinary Life of Serena Williams Shelina Janmohamed



Serena Williams began playing tennis when she was just a child, and is now an Olympic champion who's won more Grand Slam singles titles than anyone else.

Throughout her life she's battled many things, from lifethreatening illnesses and sports injuries, to sexism and racism in the tennis world. Now she's an icon in sport, fashion and activism, an inspiration to every young person who has dared to dream big.

Key Stage 3

Shelf mark: Biography 920

Simone Biles Charlotte Browne

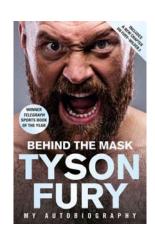


This is the story of one of the world's best gymnasts and her journey to greatness. She can jump, twist and somersault better than anyone else on Earth. With more medals than any other American gymnast, Simone Biles has consistently wowed her audience, impressed the judges and won every competition imaginable. This is the story of one of the most skilled gymnasts of all time and her journey from her childhood gymnastics club to the 2021 Tokyo Olympics.

Key Stage 3

Shelf mark: Biography 920

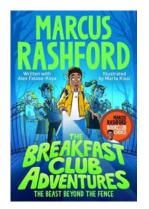
Tyson Fury Behind the Mask Tyson Fury



A Manchester lad from Irish Traveller stock, born three months premature and weighing just a pound at birth, Tyson (named after his father's boxing hero) grew up to become one of the most unlikely heavyweight champions in history.

Key Stage 4

Shelf mark: Biography 920



The Breakfast Club Adventures: The Beast Beyond the Fence Marcus Rashford

After he loses his football over a fence, Marcus is invited to join a mystery solving club who want to find out what's going on with the strange events around town.

Key Stage 3

Shelf mark: Fiction RAS



The Dream Factory Ryan Baldi

Shortlisted for the Sunday Times Football Book of the Year 2022. The Dream Factory: Inside the Make-or-Break World of Football's Academies is a journey deep into the heart of youth football, revealing in gripping detail how home-grown Premier League stars such as Marcus Rashford and Trent Alexander-Arnold are created, and at what cost.

Key Stage 3/4

Shelf mark: Sport 796.334

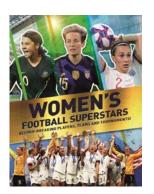


Women in Sport Rachel Ignotofsky

Women in Sport celebrates the success of the tough, bold and fearless women who paved the way for today's athletes. The sportswomen featured include well-known figures like tennis player Serena Williams and broadcaster Clare Balding, as well as lesser-known pioneers like Gertrude Ederle, the first woman to swim the English Channel, and Keiko Fukuda, the highest-ranked female judoka in history.

Key Stage 3

Shelf mark: Biography 920.008

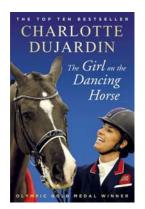


Women's Football Superstars

Women's Football Superstars is packed with photos of the game's most popular teams and players, plus hundreds of quickfire facts and incredible records: goal-scoring feats in leagues around the world, record winning streaks, recordbreaking matches, and much more.

Key Stage 3

Shelf mark: Sport 796.334



The Girl on the Dancing Horse Charlotte Dujardin

"To ride into that arena, next to a sea of British flags and hear the roar of clapping and cheering, was so exciting. It's a sound I will never, ever forget."

Charlotte Dujardin and her charismatic horse Valegro burst onto the international sports scene with their record-breaking performance at the London, 2012 Olympics. The world was captivated by the young woman with the dazzling smile and her dancing horse.

Shelf mark: Sport 796.230



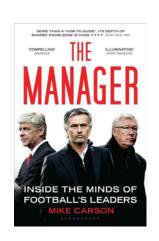
Too Many Reasons to Live Rob Burrow

The huge Sunday Times number one bestselling inspirational memoir from rugby league legend Rob Burrow on his extraordinary career and his battle with motor neurone disease.

Far more than a sports memoir, *Too Many Reasons to Live* is a story of boundless courage and infinite kindness.

Year 11

Shelf mark: Biography 920



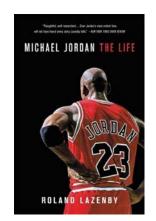
The Manager Mike Carson

From the post room to the board room, everyone thinks they can be the manager. But how do you manage outrageous talent? What do you do to inspire loyalty from your players? How do you turn around a team in crisis? What's the best way to build long-term success?

Offering valuable lessons for business leaders and fascinating behind-the-scenes insights for football fans, The Manager is an honest, accessible and unprecedented look at the day-to-day work of these high-profile characters and the world of top-level football management.

Year 11

Shelf mark: Sport 796.334

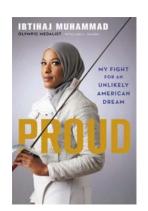


Michael Jordan: The Life Ronald Lazenby

Michael Jordan: The Life explores both sides of his personality to reveal the fullest, most compelling story of the man who is Michael Jordan. Lazenby draws on his personal relationships with Jordan's coaches; countless interviews with Jordan's friends, teammates, and family members; and interviews with Jordan himself to provide the first truly definitive study of Michael Jordan: the player, the icon, and the man.

Year 9

Shelf mark: Sport 796.323

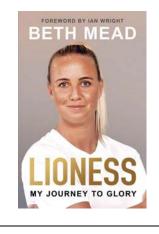


Proud Ibtihaj Muhammad

Growing up in Maplewood, New Jersey the only Black, Muslim-American in hijab, in middle school Ibtihaj discovered fencing, a sport traditionally reserved for the wealthy and elite.

Key Stage 3

Shelf mark: Sport 796.862



Lioness: my journey to Glory Beth Mead

Beth Mead is one of the world's most talented footballers - Golden Boot winner and Player of the Tournament at the UEFA Euro 2022, England Player of the Year 2021-22, Arsenal Player of the Season 2021-22, and runner-up for the 2022 Ballon d'Or. But long before this, Beth was just an ordinary kid from Hinderwell, North Yorkshire who wanted to play football.

Key Stage 4

Shelf mark: Sport 796.334



Simone Biles Sally J. Morgan

How did Simone Biles become a superstar athlete and gold medallist? On a daytrip to the local sports centre, Simone discovered her natural talent for gymnastics. She signed up for regular training sessions and was soon performing incredible routines at competitions. Despite a challenging start in life, Simone went on to become one of the world's greatest athletes. Find out how this gymnast toughed it out in training and went on to win four Olympic gold medals.

Key Stage 3

Shelf mark: Biography 920