

Y7 Learning for Life

Week beginning	Topic
Half Term 1: Mental Wellbeing & Health (Statutory PSHCE)	
1st September	Routines & Expectations (delivered via registration)
8th September (B Tuesday 1)	What is PSHCE & British Values?
15th September (A Tuesday 1)	Friendships, Transition & Relationships
22nd September (B Tuesday 2)	Risk Taking Behaviours
29th September (A Tuesday 2)	Mental Health & Wellbeing
6th October (B Tuesday 3)	Mental Health & Wellbeing
13th October (A Tuesday 3)	Mental Health Stigmas
20th October (B Tuesday 4)	Understanding & Managing emotions
Half Term 2: Mental Wellbeing & Health (Statutory PSHCE)	
3rd November (A Tuesday 4)	Young carers
10th November (B Tuesday 5)	Childhood Adversity
17th November (A Tuesday 5)	Reliable support services
25th November (B Wednesday 1)	Coping with loss
1st December (A Wednesday 1)	Guided Relaxation, stretch & relax & a meditation & body scan
8th December (B Wednesday 2)	Emotional Wellbeing & Anxiety
15th December (A Wednesday 2)	Screen time
Half Term 3: Discover Skills, Aspirations & Careers Unit 2 (Living in the wider world / Careers)	
5th January (B Wednesday 3)	Enterprising
12th January (A Wednesday 3)	Introduction to careers
19th January (B Wednesday 4)	Equal Opportunities
26th January (A Wednesday 4)	Personal Values & Links to Careers
2nd February (B Wednesday 5)	Types of job
9th February (A Wednesday 5)	Future Aspirations
Half Term 4: Democracy, Government & the Rights and Responsibilities of Citizens (Citizenship)	
23rd February (B Thursday 1)	British Values- What is Citizenship?
2nd March (A Thursday 1)	British Values- Precious Liberties of Citizens
9th March (B Thursday 2)	Political Systems (House of Commons, House of Parliament)
16th March (A Thursday 2)	Operation of Parliament (Voting, elections, rolls of parties)
23rd March (B Thursday 3)	Monarchy & Patriotism
Half Term 5: Health & Personal Awareness (Statutory PSHCE)	
13th April (A Thursday 3)	Personal Hygiene
20th April (B Thursday 4)	Physical Wellbeing - managing minor medical conditions, assessing medical services
27th April (A Thursday 4)	Healthy sleeping habits
4th May (B Thursday 5)	Physical Wellbeing-self-awareness, checking lumps & moles, skin care, SPF
11th May (A Thursday 5)	Cosmetics & aesthetics
18th May (B Friday 1)	Dental Hygiene & Purpose of Vaccinations
Half Term 6: PSHCE Living in the Wider World	
1st June (A Friday 1)	Financial Risk Taking
8th June (B Friday 2)	Financial Risk Taking (Loot Boxes / Gambling / Scratch Cards)
15th June (A Friday 2)	Wage Slips
22nd June (B Monday 1)	Wage Slips
29th June (A Friday 3)	Budgeting & Savings
6th July (B Friday 4)	Budgeting & Saving
13th July (A Monday 1)	Re-Cap of Unit

Y8 Learning for Life

Week beginning	Topic
Half Term 1: Health (Statutory PSHCE)	
1st September	Routines & Expectations (delivered via registration)
8th September (B Tuesday 1)	British Values & Personal Characteristics
15th September (A Tuesday 1)	Legal & Illegal Substances
22nd September (B Tuesday 2)	Habit & Dependence
29th September (A Tuesday 2)	Alcohol Education
6th October (B Tuesday 3)	Smoking/Vaping Education
13th October (A Tuesday 3)	Peer Pressure & Social Norms
20th October (B Tuesday 4)	Re-Cap of Unit
Half Term 2: Mental Wellbeing & Health (Statutory PSHCE)	
3rd November (A Tuesday 4)	Resilience
10th November (B Tuesday 5)	Coping with Change
17th November (A Tuesday 5)	Kindness & Supporting Others
25th November (B Wednesday 1)	Building Positive Relationships (Bullying)
1st December (A Wednesday 1)	Media Portrayal of Body Image
8th December (B Wednesday 2)	The Importance of Physical Wellbeing (Exercise)
15th December (A Wednesday 2)	Nutrition & Physical Wellbeing
Half Term 3: Experiencing Post 16 (Careers) Unit 2 - Next Steps	
5th January (B Wednesday 3)	Medicine & the NHS
12th January (A Wednesday 3)	STEM
19th January (B Wednesday 4)	Construction & Agricultural
26th January (A Wednesday 4)	Tourism & Hospitality
2nd February (B Wednesday 5)	Emergency & Uniformed Services
9th February (A Wednesday 5)	What is Post-16 Education?
Half Term 4: Democracy, Government & the Rights and Responsibilities of Citizens (Citizenship)	
23rd February (B Thursday 1)	British Values- Precious Liberties of Citizens
2nd March (A Thursday 1)	British Values- Precious Liberties of Citizens
9th March (B Thursday 2)	The Nature of Rule & Law & the Justice System
16th March (A Thursday 2)	The Nature of Rule & Law & the Justice System
23rd March (B Thursday 3)	Operations of Courts and Tribunals
Half Term 5: Digital Literacy Unit 2 (Statutory PSHCE)	
13th April (A Thursday 3)	Fake News, Social Media & Misleading Information
20th April (B Thursday 4)	Recognising Online Grooming
27th April (A Thursday 4)	Age Restrictions & Making Responsible Decisions
4th May (B Thursday 5)	Risks of In Game Currency & Loot Boxes
11th May (A Thursday 5)	Personal Data
18th May (B Friday 1)	Staying Safe Online
Half Term 6: Preparing for Future Life	
1st June (A Friday 1)	Transferable Skills, Abilities & Interests
8th June (B Friday 2)	Career Pathways
15th June (A Friday 2)	Finding Careers
22nd June (B Monday 1)	Exploring Careers
29th June (A Friday 3)	Employment Rights & Responsibilities
6th July (B Friday 4)	Work Experience
13th July (A Monday 1)	Re-Cap of Unit

Y9 Learning for Life

Week beginning	Topic
Half Term 1: Peer Influence Unit 1 (Statutory PSHCE)	
1st September	Routines & Expectations (delivered via registration)
8th September (B Tuesday 1)	British Values & Personal Characteristics
15th September (A Tuesday 1)	Healthy & Unhealthy Friendships
22nd September (B Tuesday 2)	Assessing Risk & Managing Influences (Gangs)
29th September (A Tuesday 2)	Passive, Aggressive & Assertive Behaviours
6th October (B Tuesday 3)	Legal & Physical risks of carrying a Knife
13th October (A Tuesday 3)	Knife Crime & the impact on others/ Seeking support
20st October (B Tuesday 4)	Social Norms & Risks (Alcohol & Drugs)
Half Term 2: Mental Wellbeing & Health (Statutory PSHCE)	
3rd November (A Tuesday 4)	Coping with Stress & Anxiety
10th November (B Tuesday 5)	Positive Mental Attitude
17th November (A Tuesday 5)	Sleep
25th November (B Wednesday 1)	Fatigue & Vitamin Deficiency
1nd December (A Wednesday 1)	Dealing with Minor Illnesses (Attendance & Resilience)
8th December (B Wednesday 2)	Accessing basic necessities (period poverty, bed poverty, food banks)
15th December (A Wednesday 2)	Taking Responsibility for personal hygiene
Half Term 3: Exploring Future Pathways (Careers)	
5th January (B Wednesday 3)	What are A Levels / T Levels?
12th January (A Wednesday 3)	What are NVQs?
19th January (B Wednesday 4)	What are Apprenticeships?
26th January (A Wednesday 4)	What are BTECs?
2rd February (B Wednesday 5)	What are Degrees?
9th February (A Wednesday 5)	What is Post-16 Education? (Potential title?)
Half Term 4: Democracy, Government & the Rights and Responsibilities of Citizens (Citizenship)	
23rd February (B Thursday 1)	Public Institutions (NHS, DfE, Transport & Housing)
2nd March (A Thursday 1)	Public Institutions (Health & Social Care, Work & Pensions, Food Standards, Treasury, Commonwealth)
9th March (B Thursday 2)	Voluntary Groups (Charity)
16th March (A Thursday 2)	Local Community Improvement
23rd March (B Thursday 3)	Charity in School
Half Term 5: Setting Goals Unit 2 (Statutory PSHCE)	
13th April (A Thursday 3)	Employment Rights & Responsibilities
20th April (B Thursday 4)	Gender Discrimination in the Workplace
27th April (A Thursday 4)	Overcoming Challenge & Adversity in the Workplace
4th May (B Thursday 5)	Strengths & Interests in Relation to Career Development
11th May (A Thursday 5)	Strategies to Support Progress
18th May (B Friday 1)	Maintaining A Positive Online Presence
Half Term 6: Preparing for Future Life	
1st June (A Friday 1)	How to budget & Savings Options / Preventing & Managing Debt (SF)
8th June (B Friday 2)	How to budget & Savings Options / Preventing & Managing Debt (SF)
15th June (A Friday 2)	Understanding Credit scores & Managing debt
22nd June (B Monday 1)	Online Gambling
29th June (A Friday 3)	Fraud & Cybercrime
6th July (B Friday 4)	Online Fraud & Money Laundering
13th July (A Monday 1)	Re-Cap of Unit

Y10 Learning for Life

Week beginning	Topic
Half Term 1: Careers	
1st September	Routines & Expectations (delivered via registration)
8th September (B Tuesday 1)	What will the next few years look like?
15th September (A Tuesday 1)	Thinking about your future
22nd September (B Tuesday 2)	How to navigate a college website / Applying to college
29th September (A Tuesday 2)	Technical College
6th October (B Tuesday 3)	A Levels
13th October (A Tuesday 3)	BTEC / NVQ / T Levels
20th October (B Tuesday 4)	Apprenticeships
Half Term 2: Mental Wellbeing & Health (Statutory PSHCE)	
3rd November (A Tuesday 4)	Body Image, Industry & Advertising
10th November (B Tuesday 5)	Self Esteem, Strengths & Areas for Development
17th November (A Tuesday 5)	Mental and Emotional Health
25th November (B Wednesday 1)	Peer Influence & Resilience- Managing Risk
1st December (A Wednesday 1)	Influencing Behaviours
8th December (B Wednesday 2)	Exit Strategies
15th December (A Wednesday 2)	Cancer Prevention, Blood, Organ & Stem Cell Donation
Half Term 3: Experiencing Post 16 (Careers) Unit 2 - Next Steps	
5th January (B Wednesday 3)	Careers case studies
12th January (A Wednesday 3)	Careers case studies
19th January (B Wednesday 4)	Work conduct
26th January (A Wednesday 4)	Perfecting personal statements and CVs
2nd February (B Wednesday 5)	Perfecting personal statements and CVs
9th February (A Wednesday 5)	Interviews
Half Term 4: Democracy, Government & the Rights and Responsibilities of Citizens (Citizenship)	
23rd February (B Thursday 1)	Roles of executive parliamentary members
2nd March (A Thursday 1)	Holding those in Power to account (Legislature, Judiciary & Free Press)
9th March (B Thursday 2)	Electoral Systems (UK & Other Countries)
16th March (A Thursday 2)	International Governance (Commonwealth, United Nations)
23rd March (B Thursday 3)	Human Rights & International Law
Half Term 5: Relationships & Influence (Statutory PSHCE)	
13th April (A Thursday 3)	Relationships: Separation, divorce & bereavement
20th April (B Thursday 4)	Assessing the reliability of a relationship
27th April (A Thursday 4)	Vulnerability to gang crime (money, clothing)
4th May (B Thursday 5)	Impact of gang crime (individual, Family, Community, Society)
11th May (A Thursday 5)	Challenging Prejudice (bias, reliability, extremism)
18th May (B Friday 1)	Stereotypes, Prejudice and Discrimination
Half Term 6: Careers	
1st June (A Friday 1)	Applying for Post-16 Options
8th June (B Friday 2)	Post-16 Providers - Local Area
15th June (A Friday 2)	Post-16 Options - Qualifications
22nd June (B Monday 1)	Post-16 Options - Qualifications (Apprenticeships)
29th June (A Friday 3)	Appropriate Workplace behaviour (Social media, conduct, communication, dress, attitudes)
6th July (B Friday 4)	Students on Work Experience
13th July (A Monday 1)	Review of Work Experience

Y11 Learning for Life

Week beginning	Topic
Half Term 1: Careers	
1st September	Routines & Expectations (delivered via registration)
8th September (B Tuesday 1)	What is the role of a Personal Statement
15th September (A Tuesday 1)	Perfecting the Personal Statement
22nd September (B Tuesday 2)	What makes a good CV / Planning a CV
29th September (A Tuesday 2)	Perfecting the CVs
6th October (B Tuesday 3)	Apprenticeships (How to Apply etc)
13th October (A Tuesday 3)	Interview Skills
20th October (B Tuesday 4)	Appropriate Workplace behaviour (Social media, conduct, communication, dress, attitudes)
Half Term 2: Preparing for Future Life	
3rd November (A Tuesday 4)	Learning to drive
10th November (B Tuesday 5)	Risky behaviour- drugs & alcohol
17th November (A Tuesday 5)	Personal Safety
25th November (B Wednesday 1)	Consent
1st December (A Wednesday 1)	Household budgeting
8th December (B Wednesday 2)	Bank accounts, savings & wage slips
15th December (A Wednesday 2)	Re-Cap of Unit
Half Term 3: Experiencing Post 16 (Careers) Unit 2 - Next Steps	
5th January (B Wednesday 3)	Professional Careers (Hospitality, Health & Social Care)
12th January (A Wednesday 3)	Professional Careers (Accountant, Law, Teaching)
19th January (B Wednesday 4)	Future Careers in Construction, Engineering & Motor Vehicle
26th January (A Wednesday 4)	Future Careers in Armed Forces, Uniformed & Emergency Services
2nd February (B Wednesday 5)	Interview Preparation for future careers
9th February (A Wednesday 5)	Labour Market Information
Half Term 4: Living in the Wider World (Exam Practice)	
23rd February (B Thursday 1)	Revision Timetables
2nd March (A Thursday 1)	Exam Technique
9th March (B Thursday 2)	Stress Management
16th March (A Thursday 2)	Revision Skills
23rd March (B Thursday 3)	Revision Skills
Half Term 5: To be confirmed based on student need.	
13th April (A Thursday 3)	
20th April (B Thursday 4)	
27th April (A Thursday 4)	
4th May (B Thursday 5)	
11th May (A Thursday 5)	
18th May (B Friday 1)	
Half Term 6:	
1st June (A Friday 1)	
8th June (B Friday 2)	
15th June (A Friday 2)	
22nd June (B Monday 1)	
29th June (A Friday 3)	
6th July (B Friday 4)	
13th July (A Monday 1)	