

Subject:	Learning For Life	Year	9	Ability	All
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Term / Date(s)

	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
Topic	Peer Influence	Mental Wellbeing & Health	Exploring Future Pathways	Democracy, Government & the Rights and Responsibilities of Citizens	Employability Skills	Financial Decision Making
Students will learn...	Students will learn about the implications of Peer Influence. They will look at the role of Positive and Negative role models in their lives and how these can influence their decisions. They will look at Gangs and Gang Crime, including Grooming and how people are recruited into Gangs. Students will learn about Healthy and Unhealthy relationships, including both romantic and peer friendships which can link to Gang affiliation. Students will understand Social Norms and how to seek support.	Students will learn about their own Mental Wellbeing and Mental Health, alongside how to spot signs and symptoms in others. They will understand where to seek support and how to offer support to those around them. Students will understand what can affect Mental Health and positive coping skills. Students will understand about basic health and ailments and the correct routes of seeking medical advice where required. Students will learn the basics surround personal hygiene and where products can be collected if required.	Students will explore a variety of different post-16 vocational and academic pathways. Students will look at Colleges, Apprenticeships and University and discuss the advantages of each different option and their suitability for different learning styles and future career paths.	Students will understand the different public institutions within the UK and how these link to the Government and local councils. Students will understand how charity works and what benefits these bring to the UK. Students will understand the importance of Extra-Curricular activities in school and how these improve their offering.	Students will understand their employment rights and responsibilities as part of a future career. They will understand the issues surrounding gender discrimination in the workplace in conjunction with protected characteristics. They will understand how to overcome challenge and adversity in the workplace and how to build their own strengths and interests in relation to their career development. They will understand how to maintain a positive presence online and the risks that social media can present in relation to present and future careers.	Students will understand their different transferable skills and abilities and how these can impact their future career path. Students will understand there are a range of different career pathways including apprenticeships, work placements and further education including degrees. Students will understand that there are a range of different options for both GCSE's, BTEC's and post-16 qualifications. Students will spend time exploring a range of careers which link to their current interests and transferable skills.
Components	<ul style="list-style-type: none"> Students will learn about the fundamental British values. Students will learn about Protected Characteristics and how these link to discrimination. Students will learn about healthy and unhealthy friendships, looking at peer pressure and group think tactics. Students will learn about assessing and managing risk in different situations. Students will understand how to manage influence from a range of people including peers and negative influences. Students will understand the dangers of gangs and what it means to be a gang. Students will understand the differences between passive, aggressive and assertive behaviours and how these can impact relationships. Students will understand the legal and physical risks of carrying a knife. Students will understand the term joint enterprise and the legal ramifications of this. Students will understand the laws surrounding carrying and using knives. Students will understand the risks surrounding social norms and the risks surrounding alcohol and drugs in peer groups. 	<ul style="list-style-type: none"> Students will understand how to cope with stress from a range of different situations. Students will build upon their knowledge of anxiety and understand how to put positive coping mechanisms in place. Students will learn about keeping a positive mental attitude and how this can impact mental health. Students will understand about the importance of sleep and how this can positively and negatively affect the body. 	<ul style="list-style-type: none"> Students will explore different academic pathways including A-Levels and further education of degrees Students will explore a range of vocational courses such as BTECs, NVQs and T-Levels Students will learn the qualities of each of the courses and be taught without bias to one particular route, ensuring they know the facts about each one Students will also learn about apprenticeships Students will begin to consider which route is the most suitable for them Students will understand the demands of each post-16 opportunity 	<ul style="list-style-type: none"> Students will understand the different public institutions, for example NHS, DfE, Housing and Transport. Students will understand public institutions such as Health and Social Care, Work and Pensions, Food Standards and The Treasury. Students will understand about Voluntary groups and Charities Students will understand how local communities improve their local environment. Students will understand about Extra Curricular Activities both inside and outside of school. Students will understand about Charity within school. 	<ul style="list-style-type: none"> Students will understand the different rights and responsibilities they have as an employee Students will begin to understand the importance of work experience and how positive work experience can benefit them in the long-term Students will understand the ways in which employers overcome challenge and adversity in the workplace Students will understand strength and interests and how these can help them in choosing a career pathway for the future Students will understand and identify how people can motivate themselves and how this can improve work ethic and employability Students will understand soft/hard skills Students will begin to consider their own strengths and skill sets Students will understand how maintaining a positive online presence and managing their own personal brand will help them in the future 	<ul style="list-style-type: none"> Students will understand about how to budget, save money and manage debt. Students will understand about Credit Scores and how these can affect future life. Students will understand how people become addicted to gambling and the different areas surrounding gambling, including online gaming. Students will understand Fraud and Cybercrime, including the dangers of releasing private information online Students will learn about online fraud and money laundering and the risks associated with this.

What Students should already know (prior learning components)			Students have already explored CEIAG throughout their time at the Academy: Year 7, Unit 3: Discovering Skills, Aspirations and Careers Year 8, Unit 3: Exploring Careers Unit 6: Setting Goals		Students have already explored CEIAG throughout their time at the Academy: Year 7, Unit 3: Discovering Skills, Aspirations and Careers Year 8, Unit 3: Exploring Careers Unit 6: Setting Goals Year 9: Unit 3: Exploring Future Pathways	
Golden Knowledge	<ul style="list-style-type: none"> Understand that fundamental British values promote democracy, the rule of law, individual liberty, and mutual respect. Understand that Protected Characteristics are legal protections against discrimination based on identity and background. Understand that healthy friendships support well-being, while unhealthy friendships can involve peer pressure and manipulation. Understand that assessing and managing risks in different situations can help prevent harm and ensure personal safety. Understand that influence can come from various sources, including peers, social media, and negative role models. Understand that gangs can be dangerous and often involve illegal or harmful activities. Understand that passive, aggressive, and assertive behaviors impact relationships and communication in different ways. Understand that carrying a knife poses serious legal and physical risks, including harm to oneself and others. Understand that joint enterprise laws can hold multiple people accountable for a crime, even if they did not commit the act themselves. Understand that laws exist to prevent the carrying and use of knives, with serious legal consequences for breaking them. Understand that social norms can influence behavior, and peer pressure related to alcohol and drugs can lead to risky decisions. 	<ul style="list-style-type: none"> Understand that stress affects people differently, and developing healthy coping strategies can improve resilience. Understand that managing stress involves techniques such as deep breathing, time management, and seeking support. Understand that recognizing stress triggers can help prevent overwhelm and promote emotional well-being. Understand that anxiety is a natural response to certain situations, but it can be managed with the right support and strategies. Understand that positive coping mechanisms, such as exercise, mindfulness, and talking to someone, can help reduce anxiety. Understand that avoiding unhealthy coping methods, like substance use or avoidance, is key to long-term well-being. Understand that a positive mental attitude can improve motivation, resilience, and overall mental health. Understand that the way we think about challenges can impact our emotions and behaviors. Understand that self-talk and mindset play a role in building confidence and overcoming difficulties. Understand that sleep is crucial for brain function, emotional regulation, and physical health. Understand that poor sleep can lead to difficulty concentrating, increased stress, and health issues. Understand that good sleep habits, such as reducing screen time before bed and keeping a routine, can improve overall well-being. 	<ul style="list-style-type: none"> Understand that A-Levels and university degrees focus on academic study and can lead to a wide range of career opportunities. Understand that vocational courses like BTECs, NVQs, and T-Levels provide hands-on learning suited to specific industries. Understand that different education routes offer unique benefits, and it is important to explore all options without bias. Understand that apprenticeships allow students to gain real-world experience while earning qualifications and a salary. Understand that selecting a post-16 pathway should be based on individual skills, interests, and long-term career ambitions. Understand that each educational and training route has different expectations, workloads, and progression opportunities. Understand that A-Levels typically lead to university, while vocational courses and apprenticeships offer alternative career-focused pathways. Understand that some careers require specific qualifications, making it essential to research the best route to achieve career goals. Understand that a combination of practical skills and academic learning can open doors to various job opportunities. Understand that making an informed decision about post-16 education involves researching entry requirements, learning styles, and career prospects. 	<ul style="list-style-type: none"> Understand that public institutions, such as the NHS, Department for Education, Housing, and Transport services, provide essential support and services to society. Understand that government departments, including Health and Social Care, Work and Pensions, Food Standards, and The Treasury, help manage important aspects of daily life. Understand that charities and voluntary groups play a vital role in supporting communities, offering aid, and addressing social issues. Understand that local communities can take action to improve their environment through volunteering, sustainability initiatives, and public engagement. Understand that participating in extra-curricular activities, both in and outside of school, can enhance personal development, teamwork, and confidence. Understand that school charity initiatives promote generosity, awareness, and active involvement in supporting important causes. Understand that public services ensure access to healthcare, education, transportation, and financial support for those in need. Understand that voluntary organizations often provide services that complement government support, addressing gaps in care and social welfare. Understand that community-led projects can improve neighborhoods through fundraising, environmental projects, and local advocacy. Understand that engaging in charity work within school helps build a sense of responsibility, empathy, and social awareness. 	<ul style="list-style-type: none"> Understand that employees have rights and responsibilities in the workplace, including fair treatment, safety, and professional conduct. Understand that work experience provides valuable skills and insights that can benefit future career opportunities. Understand that positive work experience can improve confidence, employability, and long-term career prospects. Understand that employers face challenges and must adapt to overcome adversity in the workplace. Understand that problem-solving, resilience, and teamwork are key to overcoming difficulties in a professional setting. Understand that identifying personal strengths and interests can help guide career choices and future job satisfaction. Understand that self-awareness is essential in selecting a career path that aligns with skills and passions. Understand that motivation and self-discipline play a crucial role in developing a strong work ethic and employability. Understand that people can stay motivated by setting goals, seeking feedback, and maintaining a positive mindset. Understand that both soft skills, such as communication and teamwork, and hard skills, such as technical expertise, are essential for success. Understand that employers look for a balance of soft and hard skills when hiring new employees. Understand that recognizing and developing personal strengths can help in career planning and professional growth. Understand that maintaining a professional and positive online presence can impact future job opportunities. Understand that personal branding involves managing how one is perceived online and in professional settings. 	<ul style="list-style-type: none"> Understand that budgeting, saving money, and managing debt are essential skills for financial stability. Understand that creating and following a budget helps individuals control their spending and plan for the future. Understand that credit scores impact financial opportunities, including loans, mortgages, and interest rates. Understand that maintaining a good credit score requires responsible borrowing and timely repayments. Understand that gambling addiction can develop over time, affecting mental health, finances, and relationships. Understand that online gaming can involve gambling elements, which may lead to financial risks and addiction. Understand that fraud and cybercrime can occur through scams, identity theft, and phishing attacks. Understand that sharing personal information online increases the risk of fraud and financial exploitation. Understand that online fraud and money laundering pose significant legal and financial risks. Understand that being aware of scams and fraudulent schemes can help prevent financial losses and identity theft.
Transferrable knowledge (skills)	Understand the British Values Understand the importance of Healthy Relationships. Understand how to identify and raise awareness of negative behaviors in relationships. Understand the warning signs for Child Criminal Exploitation.	Understand the importance of mental health and wellbeing Understand how to prioritize mental health Understand how to recognise triggers and apply health coping mechanisms Understand how to create healthy habits surrounding sleep.	Students will understand different courses and be able to apply these to their future options, looking at which may be right for them in the future.	Understand which public institutions are available and what impacts these have on people living within the UK. Understand about the liberties citizens of the UK have access to. Understand about charity within the UK and how this impacts UK citizens.	Students will understand different factors which will help prepare them for their futures. These will be beneficial when exploring CEIAG in Year 10 and 11.	Understand about basic financial incentives such as budgeting and saving and apply these at a younger age to help teach healthy money habits. Understand about risk involved surrounding money and how to avoid these risks such as Gambling and Identity fraud.

Key vocabulary pupil will know and learn	Fundamental British Values Democracy Rule of law Individual liberty Mutual respect Protected Characteristics Discrimination Identity Well-being Peer pressure Manipulation Risk assessment Personal safety Influence Negative role models Gangs Illegal activities Harmful activities Passive behavior Aggressive behavior Assertive behavior Knife laws Legal risks Joint enterprise Social norms Peer pressure Alcohol and drugs Risky decisions	Stress Coping strategies Resilience Deep breathing Time management Seeking support Stress triggers Emotional well-being Anxiety Positive coping mechanisms Exercise Mindfulness Substance use Avoidance Positive mental attitude Motivation Self-talk Mindset Confidence Overcoming difficulties Sleep Brain function Emotional regulation Physical health Concentration Health issues Good sleep habits Screen time Routine Overall well-being	A-Levels University degrees Academic study Career opportunities Vocational courses BTECs NVQs T-Levels Hands-on learning Industries Education routes Benefits Exploring options Apprenticeships Real-world experience Qualifications Salary Post-16 pathway Skills Interests Career ambitions Expectations Workloads Progression opportunities Alternative pathways Specific qualifications Research Practical skills Academic learning Informed decision Entry requirements Learning styles Career prospects	Public institutions NHS Department for Education Housing services Transport services Government departments Health and Social Care Work and Pensions Food Standards The Treasury Charities Voluntary groups Support Communities Aid Social issues Sustainability initiatives Public engagement Extra-curricular activities Personal development Teamwork Confidence School charity initiatives Generosity Awareness Active involvement Public services Healthcare Education Transportation Financial support Voluntary organizations Complement Care and social welfare Community-led projects Fundraising Environmental projects Local advocacy Charity work Responsibility Empathy Social awareness	Employees Rights and responsibilities Fair treatment Safety Professional conduct Work experience Skills and insights Confidence Employability Career prospects Employers Challenges Adversity Problem-solving Resilience Teamwork Personal strengths Interests Career choices Job satisfaction Self-awareness Career path Motivation Self-discipline Work ethic Goals Feedback Positive mindset Soft skills Communication Technical expertise Hard skills Success Balance Personal strengths Career planning Professional growth Online presence Personal branding Perception	Budgeting Saving money Managing debt Financial stability Control spending Plan for the future Credit scores Financial opportunities Loans Mortgages Interest rates Responsible borrowing Timely repayments Gambling addiction Mental health Finances Relationships Online gaming Gambling elements Financial risks Fraud Cybercrime Scams Identity theft Phishing attacks Personal information Financial exploitation Online fraud Money laundering Legal risks Financial risks Fraudulent schemes Prevent financial losses Identity theft prevention
Assessment activities	N/A Staff to support students learning by encouraging purple pen throughout the lessons.	N/A Staff to support students learning by encouraging purple pen throughout the lessons.	N/A Staff to support students learning by encouraging purple pen throughout the lessons.	N/A Staff to support students learning by encouraging purple pen throughout the lessons.	N/A Staff to support student learning by encouraging purple pen throughout the lessons.	N/A Staff to support students learning by encouraging purple pen throughout the lessons.
Notes Why this topic is important Why this topic is important...	Understanding these ideas is important because they help us live safely and fairly in society. Knowing about British values ensures everyone is treated equally. Learning about protected characteristics helps prevent discrimination. Recognizing good and bad friendships helps protect our emotions and make better choices. Learning how to manage risks and influences from others helps us stay safe and make smarter decisions. Being aware of dangers like gangs, knives, and drugs helps us avoid harm and act responsibly.	Stress affects everyone differently, but learning how to handle it can make us stronger. Using tools like deep breathing or talking to someone can help reduce stress and anxiety. Knowing what causes stress helps us avoid getting too overwhelmed. Staying positive and keeping a good attitude can boost our motivation and mental health. Getting enough sleep is important for our body and mind to work well. When we sleep poorly, it's harder to focus and we feel more stressed. Simple habits like reducing screen time before bed can help us sleep better and feel better.	Covers statutory Gatsby Benchmarks (GB2,3,4 and 7). Ensures every student is aware of the options and opportunities available to them Post-16 and allows them to make informed decisions and choices.	Public services like the NHS and transport help everyone. Government departments handle important things like health and food safety. Charities and volunteers support communities. Local people can improve their area by joining in activities. School clubs and sports help build skills and confidence. Charity work at school teaches kindness. Public services provide healthcare, education, and transport. Voluntary groups help where government services don't. Community projects make neighborhoods better. Charity work teaches responsibility and caring for others.	Covers statutory Gatsby Benchmarks (GB2,3,4 and 7). Ensures every student is aware of the options and opportunities available to them Post-16 and allows them to make informed decisions and choices.	Learning to budget, save, and manage debt helps keep money safe. A budget helps control spending and plan ahead. A good credit score is important for getting loans and lower interest rates. Keeping a good score means borrowing responsibly. Gambling can hurt your health, money, and relationships. Online gaming can be risky and lead to addiction. Fraud and cybercrime, like scams and identity theft, happen online. Sharing personal info online can lead to fraud. Online fraud and money laundering are dangerous for your money and the law. Knowing about scams helps protect you from losing money or your identity.
Safeguarding signposts	Gangs, Gang Crime, Grooming, CCE.		N/A		N/A	Gambling, Online Safety
Links to Statutory Guidance			As above, SoL meets the Gatsby Benchmarks. Good Career Guidance Education Gatsby		As above, SoL meets the Gatsby Benchmarks. Good Career Guidance Education Gatsby	

Links to Faith and Culture			N/A		N/A	
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