

Subject:	Learning For Life		Year	8	Ability	All
<b>Term / Date(s)</b>						
<b>Topic</b>	<b>Unit 1</b>	<b>Unit 2</b>	<b>Unit 3</b>	<b>Unit 4</b>	<b>Unit 5</b>	<b>Unit 6</b>
	<b>Peer Influence</b>	<b>Mental Wellbeing &amp; Health</b>	<b>Exploring Future Pathways</b>	<b>Democracy, Government &amp; the Rights and Responsibilities of Citizens</b>	<b>Setting Goals</b>	<b>Preparing for future life</b>
<b>Students will learn...</b>	Students will learn about the implications of Peer Influence. They will look at the role of Positive and Negative role models in their lives and how these can influence their decisions. They will look at Gangs and Gang Crime, including Grooming and how people are recruited into Gangs. Students will learn about Healthy and Unhealthy relationships, including both romantic and peer friendships which can link to gang affiliation. Students will understand social norms and how to seek support.	Students will learn about their own Mental Wellbeing and Mental Health, alongside how to spot signs and symptoms in others. They will understand where to seek support and how to offer support to those around them. Students will understand what can affect Mental Health and positive coping skills. Students will understand about basic health and ailments and the correct routes of seeking medical advice where required. Students will learn the basics surround personal hygiene and where products can be collected if required.	Students will explore a variety of different post-16 vocational and academic pathways. Students will look at Colleges, Apprenticeships and University and discuss the advantages of each different option and their suitability for different learning styles and future career paths.	Students will understand the different public institutions within the UK and how these link to the Government and local councils. Students will understand how charity works and what benefits these bring to the UK. Students will understand the importance of extra-curricular activities in school and how these improve their offering.	Students will begin to understand the challenges of workplace. They will understand different rights and responsibilities linked to employment. They will identify gender discrimination in the workplace and how protected characteristics help to protect from this. They will understand how to progress in a career by using their strengths and interests. They will understand different strategies in place to support their progress. They will understand the importance of maintaining a positive presence online.	Students will understand the different transferable skills and abilities which will help them to succeed in their future lives. They will explore different career pathways whilst understanding their different post-16 options available. They will explore a range of different careers available and the different routes into these careers. They will understand the different skills required to make sensible decisions for their futures.
<b>Components</b>	<ul style="list-style-type: none"> <li>Students will learn about legal and illegal drugs. This allows students to understand the dangers of these products allowing them to make informed choices in real life situations.</li> <li>Students will learn how to assess the risks of alcohol, tobacco, nicotine, and e-cigarettes so they are aware of how these can affect them and others.</li> <li>Students will learn how to manage influences from others in relation to substance use and understand how to deal with these.</li> <li>Students will learn how to recognise and promote positive social norms and attitudes. This will give them an understanding about what is deemed acceptable in society.</li> </ul>	<ul style="list-style-type: none"> <li>Students will understand the importance of resilience and how this will impact various stages of their lives. This will be linked both to academic and personal life.</li> <li>Students will understand how to cope with change, this could be linked to academic areas or personal life.</li> <li>Students will understand how to empathise with and support other students with difficulties they may face both inside and outside of school.</li> <li>Students will understand the importance of positive peer friendships within school. Students will understand what different acts of kindness may look like towards others.</li> <li>Students will understand the importance of building positive relationships.</li> <li>Students will understand the negative impacts of peer on peer abuse and bullying and the consequences of this.</li> <li>Students will understand the importance of being an upstander.</li> <li>Students will understand how the media can impact how people perceive their own and other bodies and how this leads to some societal expectations. Students will understand the links to mental and physical health.</li> <li>Students will understand the importance of physical wellbeing.</li> </ul>	<ul style="list-style-type: none"> <li>Students will understand the different professional and vocation job roles within the NHS.</li> <li>Students will understand about apprenticeships within the NHS and how to apply for these.</li> <li>Students will understand about the different entry routes into the NHS.</li> <li>Students will understand about the grades required to work in different sectors of the NHS.</li> <li>Students will understand about different STEM careers. (Science, Technology, Engineering &amp; Maths).</li> <li>Students will understand about the different job roles within the construction industry and the different entry routes into these roles.</li> <li>Students will understand about the different roles within agriculture and the different entry routes into these roles.</li> <li>Students will understand about the different routes into Tourism and Hospitality.</li> <li>Students will understand about the different roles within Emergency and Uniformed Services (Fire Service, Police, Army.)</li> </ul>	<ul style="list-style-type: none"> <li>Students will understand the fundamental British values.</li> <li>Students will understand the importance of the law with special regard to the British Values.</li> <li>Students will consider what life would be like without laws.</li> <li>Students will understand the legal system and how laws are made.</li> <li>Students will understand that laws are made in parliament and by courts.</li> <li>Students will understand that international laws can come from groups such as the European Union.</li> <li>Students will understand the concept of Judicial Precedent.</li> <li>Students will understand the UK justice system including: the police, the courts and the prisons.</li> <li>Students will understand the law in England is split into Criminal and Civil cases.</li> <li>Students will understand the court system.</li> <li>Students will understand the role of judge and jury.</li> <li>Students will understand Burden and Standard of Proof.</li> <li>Students will understand the idea of Tribunals.</li> <li>Students will understand the role of the police including their powers.</li> </ul>	<ul style="list-style-type: none"> <li>Students will learn about online communication, how to use social networking sites safely so that they are responsible and aware of possible dangers of using these.</li> <li>Students will learn how to recognise online grooming in different forms, e.g., in relation to sexual or financial exploitation, extremism and radicalization, they will also learn how to respond and seek support in cases of online grooming to ensure they can keep themselves and future contacts safe from harm.</li> <li>They will also learn how to recognise biased or misleading information online, how to critically assess different media sources so they are not led into believing biased information that is factually incorrect.</li> <li>They will learn how to distinguish between content, which is publicly and privately shared, about age restrictions when accessing different forms of media and how to make responsible decisions.</li> <li>Students will learn how to protect financial security online, and how to assess and manage risks in relation to gambling and chance-based transactions so that they stay financially safe while online.</li> </ul>	<ul style="list-style-type: none"> <li>Students will understand how to effectively budget and evaluate savings options. This will ensure students are ready for money management in later life.</li> <li>Students will understand how to prevent and manage debt. This is so they are aware of the consequences of becoming involved in gambling/bad debt can lead to.</li> <li>Students will understand how data is generated, collected and shared, and the influence of targeted advertising. This allows students to understand why lenders will refuse or accept individuals for credit.</li> <li>Students will learn about the law and illegal financial activities, including fraud and cybercrime and how to manage risk in relation to financial activities. This is so that they can protect themselves from this in the future.</li> <li>Students will understand the roles of citizens, rule of law, individual liberty &amp; parliament. This is so that students are aware of how our government create and enforce laws and what our responsibilities are as citizens.</li> </ul>

		<p>including both physical exercise and having a healthy and balanced diet.</p> <ul style="list-style-type: none"> <li>Students will create a healthy eating and physical activity plan.</li> </ul>		<ul style="list-style-type: none"> <li>Students will understand about the policing pledge.</li> <li>Students will understand the key terms: Arrest, detention and Charging.</li> </ul>		
<b>What Students should already know (prior learning components)</b>	<p>Year 7 Learning for Life Unit 1</p> <ul style="list-style-type: none"> <li>Risk Taking &amp; Behaviours</li> </ul> <p>Year 7 Learning for Life Unit 2</p> <ul style="list-style-type: none"> <li>Healthy Life Choices, Diet, Dental, Exercise and sleep</li> <li>Lesson 2—Managing Influences on Body Image and Making Independent Healthy Choices</li> </ul>	<p>Year 7 PSHCE HT1 Building Relationships</p> <ul style="list-style-type: none"> <li>Characteristics of positive and healthy friendships and family relationships and factors which can affect them</li> <li>To clarify and develop personal values in friendships</li> <li>The importance of trust in friendships and factors that can undermine or build trust</li> <li>The qualities and behaviours they should expect and exhibit in friendship and family relationships</li> <li>Respect from others</li> </ul> <p>Year 7 LFL Unit 1</p> <ul style="list-style-type: none"> <li>Friendship, Transition &amp; Building Relationships</li> </ul> <p>Year 7 LFL Unit 2</p> <ul style="list-style-type: none"> <li>Emotional Wellbeing &amp; Anxiety</li> </ul>	<p>Year 7 - Discover Skills, Aspirations &amp; Careers.</p> <ul style="list-style-type: none"> <li>Enterprising</li> <li>Introduction to careers</li> <li>Equal opportunities</li> <li>Personal values &amp; links to careers</li> <li>Types of jobs</li> <li>Future Aspirations.</li> </ul>	<p>Year 7 Citizenship</p> <ul style="list-style-type: none"> <li>British Values - What is Citizenship?</li> <li>British Values - Precious Liberties of citizens</li> <li>Political Systems - House of commons, Houses of Parliament.</li> <li>Operations of Parliament (Voting, Elections, Rolls of Parties)</li> <li>Monarchy and Patriotism</li> </ul>	<p>Year 7 Learning for Life Unit 3</p> <ul style="list-style-type: none"> <li>Financial Risk Taking</li> </ul> <p>Year 7 PSHCE Unit 1</p> <ul style="list-style-type: none"> <li>Consent, The Law and Communication about Consent</li> <li>Unhealthy Relationships &amp; Evaluating Expectations</li> <li>New Relationships &amp; Developing them</li> </ul>	<p>Y7 Learning for Life Unit 3</p> <ul style="list-style-type: none"> <li>Financial Risk Taking</li> <li>Budgeting &amp; Saving</li> <li>Earnings &amp; Wage Slips</li> </ul> <p>Year 8 Learning for Life Unit 2</p> <ul style="list-style-type: none"> <li>Age Restrictions &amp; Making Responsible Decisions</li> <li>Risks of in game Currency &amp; Loot Boxes</li> </ul> <p>Year 8 PSHCE Unit 2</p> <ul style="list-style-type: none"> <li>Using social media Safely</li> </ul>
<b>Golden Knowledge</b>	<ul style="list-style-type: none"> <li>Understand that British Values underpin our school values and life in modern Britain.</li> <li>Understand that legal and illegal drugs both carry risks and consequences.</li> <li>Understand that there are strict laws surrounding drug use in the UK.</li> <li>Understand that it is illegal to sell energy drinks to children under 16 years old.</li> <li>Understand that it is possible to become addicted to legal substances.</li> <li>Understand that there are strict laws surrounding Alcohol in the UK.</li> <li>Understand that it is illegal to consume alcohol under the age of 18.</li> <li>Understand that it is illegal to purchase cigarettes and vapes under the age of 18.</li> <li>Understand that there are risks surrounding consuming vapes.</li> <li>Understand that peer pressure can be applied within peer groups and friendships.</li> </ul>	<ul style="list-style-type: none"> <li>Understand that it is important to seek support when coping with change.</li> <li>Understand that resilience is a key coping mechanism</li> <li>Understand that peer support is important within a school and out of school environment.</li> <li>Understand that peer-on-peer abuse is not tolerated.</li> <li>Understand that peer-on-peer abuse can be emotional / physical or sexual.</li> <li>Understand that social media can have negative impacts in its portrayal of body image.</li> <li>Understand that images can be edited to give fake and unrealistic expectations.</li> <li>Understand that it is important to stay physically active.</li> <li>Understand that it is important to consume a healthy and balanced diet.</li> <li>Understand that it is important to consume at least 5 different fruits or vegetables in a day.</li> </ul>	<ul style="list-style-type: none"> <li>Understand that there are a wide range of jobs within the NHS outside of medical care.</li> <li>Understand that STEM stands for Science, Technology, Engineering and Maths and that there is a large push on females working in STEM careers.</li> <li>Understand that the Construction sector is one of the largest in the UK.</li> <li>Understand that the Tourism and Hospitality sector is one of the largest in the UK.</li> <li>Understand that there are many different career paths in the Emergency and Uniformed services, including the Army and RAF.</li> <li>Understand that there are a range of different entries into careers including apprenticeships, placements and degrees.</li> </ul>	<ul style="list-style-type: none"> <li>Understand that the fundamental British values underpin citizenship teaching.</li> <li>Understand that rule and law is a vital part of life in Britain.</li> <li>Understand that laws are made by the British government, in parliament and by courts.</li> <li>Understand that the law in England is split into Criminal and Civil cases.</li> <li>Understand that the UK justice system is split into; the police, the courts and the prisons.</li> <li>Understand that the court system has a judge and a jury.</li> <li>Understand that the police have a range of different powers in relation to the law.</li> </ul>	<ul style="list-style-type: none"> <li>Understand that fake news can be used to spread misleading information, and this can have serious consequences.</li> <li>Understand that grooming can be both in person and online.</li> <li>Understand that there are different types of people who will commit the crime of grooming with differing intentions.</li> <li>Understand that different types of people are vulnerable to grooming.</li> <li>Understand that there are different ways to report grooming and find support.</li> <li>Understand that age-restrictions exist to protect young people.</li> <li>Understand that in-game currency and loot boxes can have negative consequences.</li> <li>Understand that there is a difference between public and private content online.</li> </ul>	<ul style="list-style-type: none"> <li>Understand that budgeting is important within adult life to be financially secure.</li> <li>Understand that saving can take place from a young age and is positive for financial security.</li> <li>Understand that being in debt can have negative consequences.</li> <li>Understand that credit cards / store cards / payment plans can have negative consequences and impact credit ratings.</li> <li>Understand that data can be collected in a manner of different ways and be used to target advertising.</li> <li>Understand that online gambling can have severe consequences.</li> <li>Understand that it is illegal to gamble under the age of 18.</li> <li>Understand that gambling can be addictive and where to find support.</li> <li>Understand the dangers of cyber-crime and how to stay safe online.</li> </ul>
<b>Transferrable knowledge (skills)</b>	<ul style="list-style-type: none"> <li>Tolerance and understanding of others' emotions and mental health.</li> <li>How to consider different points of view and be respectful about the different relationships. An ability to apply an understanding of the law and British Values to relationship issues.</li> <li>The ability to consider their own beliefs and opinions, reflect on what has influenced these and compare it to the beliefs and opinions of others</li> <li>Real life awareness – understanding the real world and</li> </ul>	<ul style="list-style-type: none"> <li>Tolerance and understanding of others' emotions and mental health.</li> <li>An ability to apply an understanding of fundamental British values to daily issues (Tolerance, Mutual Respect and Tolerance of different faiths and beliefs, Individual Liberty and Rule of Law)</li> <li>How to challenge negative attitudes within relationships and seek support where required both inside and outside of school.</li> <li>How to nurture positive relationships both inside and outside of school.</li> </ul>	<ul style="list-style-type: none"> <li>Understand how personal values can impact future careers and job roles.</li> <li>An ability to apply an understanding of fundamental British values to daily issues (Tolerance, Mutual Respect and Tolerance of different faiths and beliefs, Individual Liberty and Rule of Law)</li> </ul>	<ul style="list-style-type: none"> <li>An ability to apply an understanding of fundamental British values to daily issues (Tolerance, Mutual Respect and Tolerance of different faiths and beliefs, Individual Liberty and Rule of Law)</li> </ul>	<ul style="list-style-type: none"> <li>How to consider different points of view and be respectful about other people's online activity and their actions.</li> <li>An ability to apply an understanding of the law and British Values to daily online issues. The ability to consider their own beliefs and opinions, reflect on what has influenced these and compare it to the beliefs and opinions of others</li> <li>Real life awareness – understanding the real world and how to cope/deal with people that are different to themselves in the wider community.</li> </ul>	<ul style="list-style-type: none"> <li>Tolerance and understanding of finance and political awareness.</li> <li>How to consider different points of view and be respectful about the different relationships.</li> <li>An ability to apply an understanding of the law and British Values to relationship issues.</li> <li>The ability to consider their own beliefs and opinions, reflect on what has influenced these and compare it to the beliefs and opinions of others</li> <li>Real life awareness – understanding the real world and how to cope/deal with people that are different to themselves in the wider community.</li> </ul>

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<b>Key vocabulary pupil will know and learn</b>	Smoking Alcohol Legal Illegal Substances Habit Dependence Impacts Social Norms E-Cigarettes	Healthy Unhealthy Wellbeing Mental Health Relationships Upstander	Enterprising Equal Opportunities Personal Values Careers Occupations Skills Aspirations	Citizenship Precious Liberties Citizens Political House of commons Houses of parliament Elections Parties Monarchy Patriotism Voting	Networking Gambling Debt Cybercrime Fraud Financial British Values Reflect Illegal Financial Activity Data Extremism Exploitation Radicalisation	Budgeting Saving Preventing Managing Debt Data Targeted Advertising Gambling Fraud Cyber Crime Money Laundering
<b>Assessment activities</b>	Recall and retention activities at the start of each lesson to deepen knowledge and understanding over time and address misconceptions.	Recall and retention activities at the start of each lesson to deepen knowledge and understanding over time and address misconceptions.	Recall and retention activities at the start of each lesson to deepen knowledge and understanding over time and address misconceptions.	Recall and retention activities at the start of each lesson to deepen knowledge and understanding over time and address misconceptions.	Recall and retention activities at the start of each lesson to deepen knowledge and understanding over time and address misconceptions.	Recall and retention activities at the start of each lesson to deepen knowledge and understanding over time and address misconceptions.
<b>Notes</b> Why this topic is important Why this topic is important...	This topic gives students an understanding of the influences and risks around drugs, smoking and alcohol. This topic allows students to understand the impact of these substances can have on people. They will also understand how to manage the influences from others relating to these substances. This build on the knowledge gained in year 7 about healthy lifestyles and making independent healthy choices.	This topic gives students the opportunity to understand how to have a positive mental outlook with the view to improving mental wellbeing and overall mental health. Students will understand the impacts of bullying and how this affects people self-esteem.	This topic introduces students to the idea of careers. Students understand equal opportunities in the workplace and how their own personal values can link to their future career choices. Students will look at a range of different careers and understand their future aspirations.	This topic introduces students to citizenship. Students will pay particular attention to British Values and how these affects being a citizen of the UK. Students will begin to understand the political systems and build their knowledge of Monarchy and Patriotism.	This topic is important as many issues with relationships can be originated through online behaviour. This topic allows students to understand the dangers online and also see how they can ensure that they are safe while online, minimising risks to external influences (grooming/radicalisation).	This topic gives students an understanding about the financial choices that people can make. They will understand about income, expenditure and debt. They will understand the impact of gambling and debt. This builds on knowledge gained from year 7 HT6 about savings, budgeting and bank accounts.
<b>Safeguarding signposts</b>	Drug Use Grooming Unhealthy Coping	Peer-on-peer abuse Mental Health Social Media			Exploitation Radicalisation Grooming	Online Abuse Gambling Cyber Crime
<b>Links to Statutory Guidance</b>	DFE Guidance PSHE Association OFSTED Guidance	DFE Guidance PSHE Association OFSTED Guidance	Gatsby Benchmarks PSHE Association	National Curriculum - Citizenship	DFE Guidance PSHE Association OFSTED Guidance	DFE Guidance PSHE Association OFSTED Guidance
<b>Links to Faith and Cultures</b>						