

Getting the most out of revision

Getting started

Procrastination- *The action of delaying or postponing something.*

A big barrier to revision, a feeling that the amount to cover is overwhelming. "Where do I start?" (Number of subjects covered)

Once a start is made students begin to feel better, stress levels lower and momentum can build.

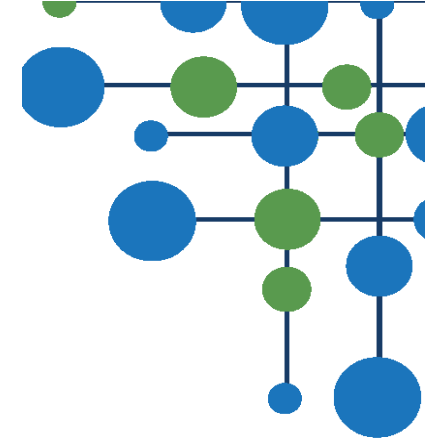
It is important to have a realistic plan, making it manageable and achievable.

Small, but important, gains over a long period of time.

Understanding your student- Hard to motivate? Working too hard?
Needs help with organising time?

Creating a revision timetable

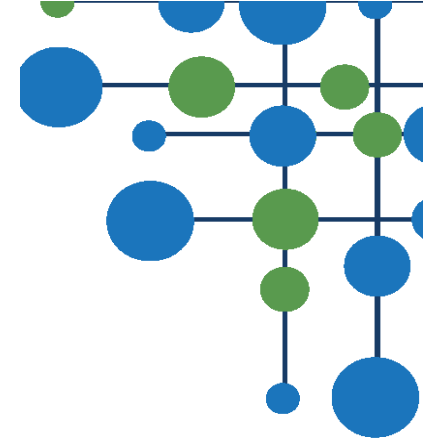
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am							
10am							
11am							
12 noon							
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3pm							
4pm							
5pm							
6pm							
7pm							
8pm							



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am							
10am							
11am							
12 noon							
1pm							
2pm							
3pm	P7		P7	P7			
4pm							
5pm							
6pm							
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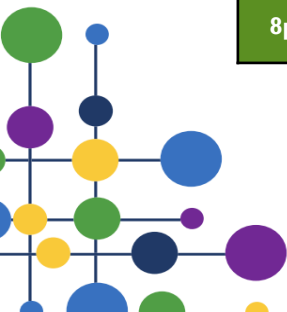
Block out school and P7s. This is time where you are already preparing for your exams.





	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am							
10am						Football match	
11am							
12 noon							Grand-parents
1pm							
2pm							
3pm	P7		P7	P7			
4pm							
5pm							
6pm	Mosque						
7pm							
8pm							

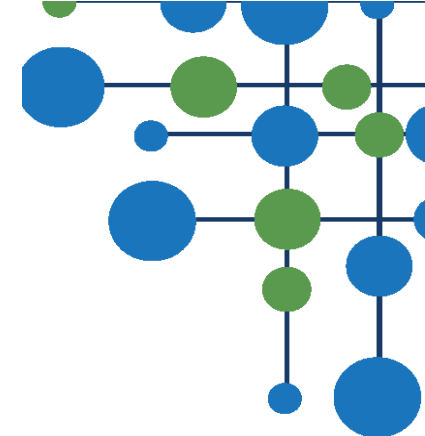
Add in any commitments you have. Times where you definitely could not revise.



Building in revision slots

Best advice for making the revision time actually happen:

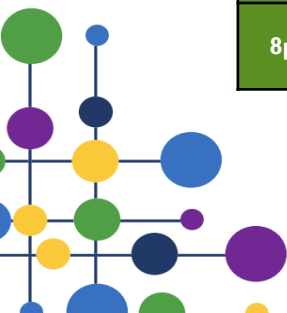
- ✓ Keep revision slots short – 30minutes
- ✓ Build in short breaks between each slot- 5minutes
- ✓ Mix up subjects/topics – e.g. 30mins biology followed by 30 minutes geography
- ✓ Don't try and do hours at a time, be realistic
- ✓ The amount of revision you do for each subject can vary. Spend more time on subjects you are underperforming in
- ✓ Don't revise subjects/topics which are easy



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am							
10am						Football match	French- 30mins English- 30mins
11am							Chemistry- 30mins Maths- 30mins
12 noon							Grand- parents
1pm						Lunch	
2pm						Maths- 30 mins English- 30mins	
3pm	P7	Relax	P7	P7	Relax	See friends	
4pm	Get changed Tea	Maths – 30 min French- 30min	Get changed Tea	Get changed Tea		See friends	
5pm	Biology-30min Geography- 30min	Tea	Physics- 30mins Geography- 30mins			See friends	
6pm	Mosque					Dinner with family	
7pm							
8pm	Maths- 30 min Relax						

So now you know what time you have left, build in revision slots.

Don't forget to include time for relaxation. Your brain needs time to switch off and recharge.



Other advice

- Ensure you have a quiet & suitable place to work
- Have all the equipment you need. Ask your teachers if you need any resources
- Remove distractions, phones, Xbox, TV, siblings, the internet
- Share your revision timetable with others in your house. That way you won't be disturbed if it's a revision slot
- Get family to support you with revision

Revision Strategies

Strategies which don't work

- Highlighting notes
- Re-reading work
- Creating a revision poster
- Re-writing work



What method should I choose?

- Different methods will work for different people
- Different methods will work for different subjects
- You won't know until you try

I got **99 PROBLEMS**
but **REVISION** ain't one



First step: Think about WHAT you need to revise!

Use the following to identify gaps in your learning:

- Knowledge organisers
- Revision guide topic lists
- Past papers
- Lists from your teacher



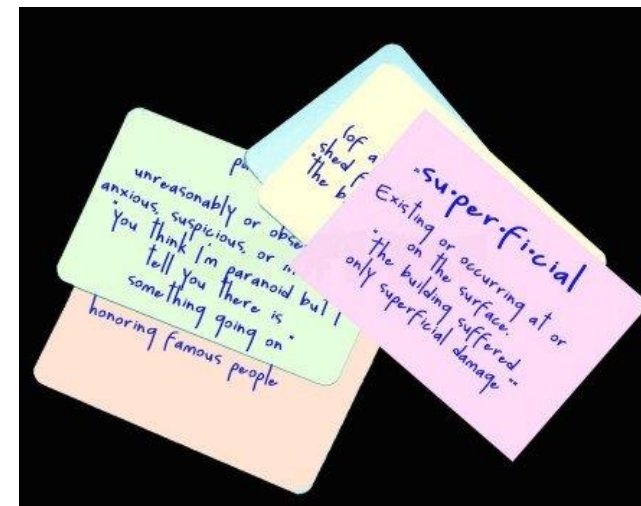
For each subject create a priority list.

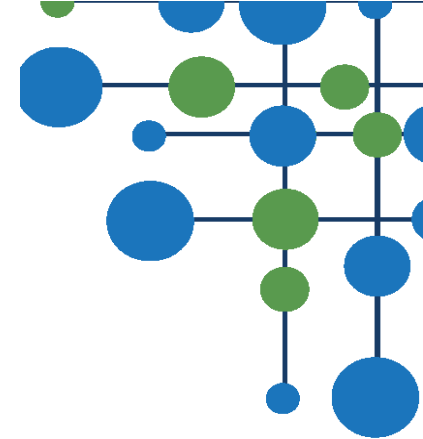
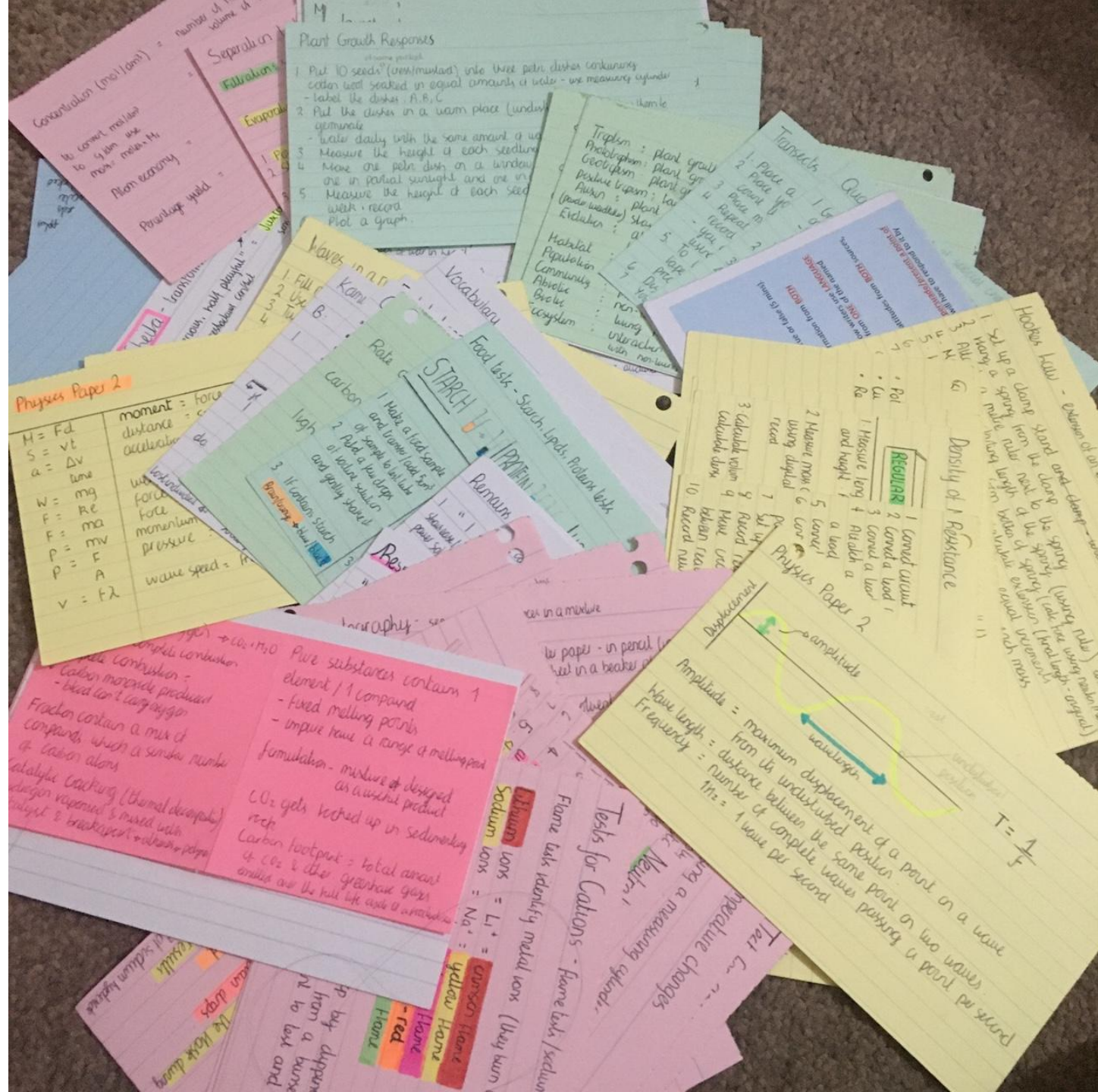
RAG (Red , Amber, Green) rate each topic.
The ones which you identify as RED are your
priority. Start your revision with these.

Flash cards / Revision cards

1. Write a question on one side of the card
2. On the reverse, write the answer. Make the points simple, focus on key words
3. Get someone to test you

repeated testing works.





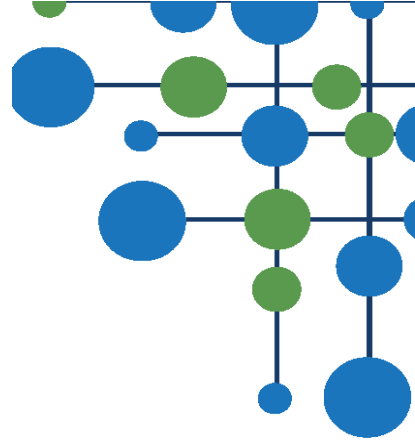
Look, Say, Cover, Write and Check

- Select a topic which you want to focus on
- Break down the notes into a mind map or bullet points
- Read your notes for 30 seconds
- Hide the notes away from view and **write down as much as you can remember**
- Compare your memory notes to your original ones. **Fill in any points you missed in a different colour and repeat them aloud**

Research
suggests this
really does
work!





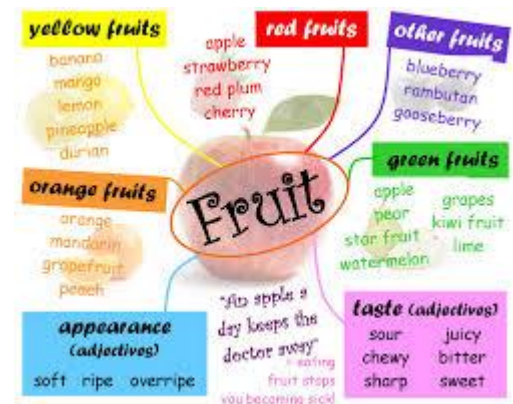


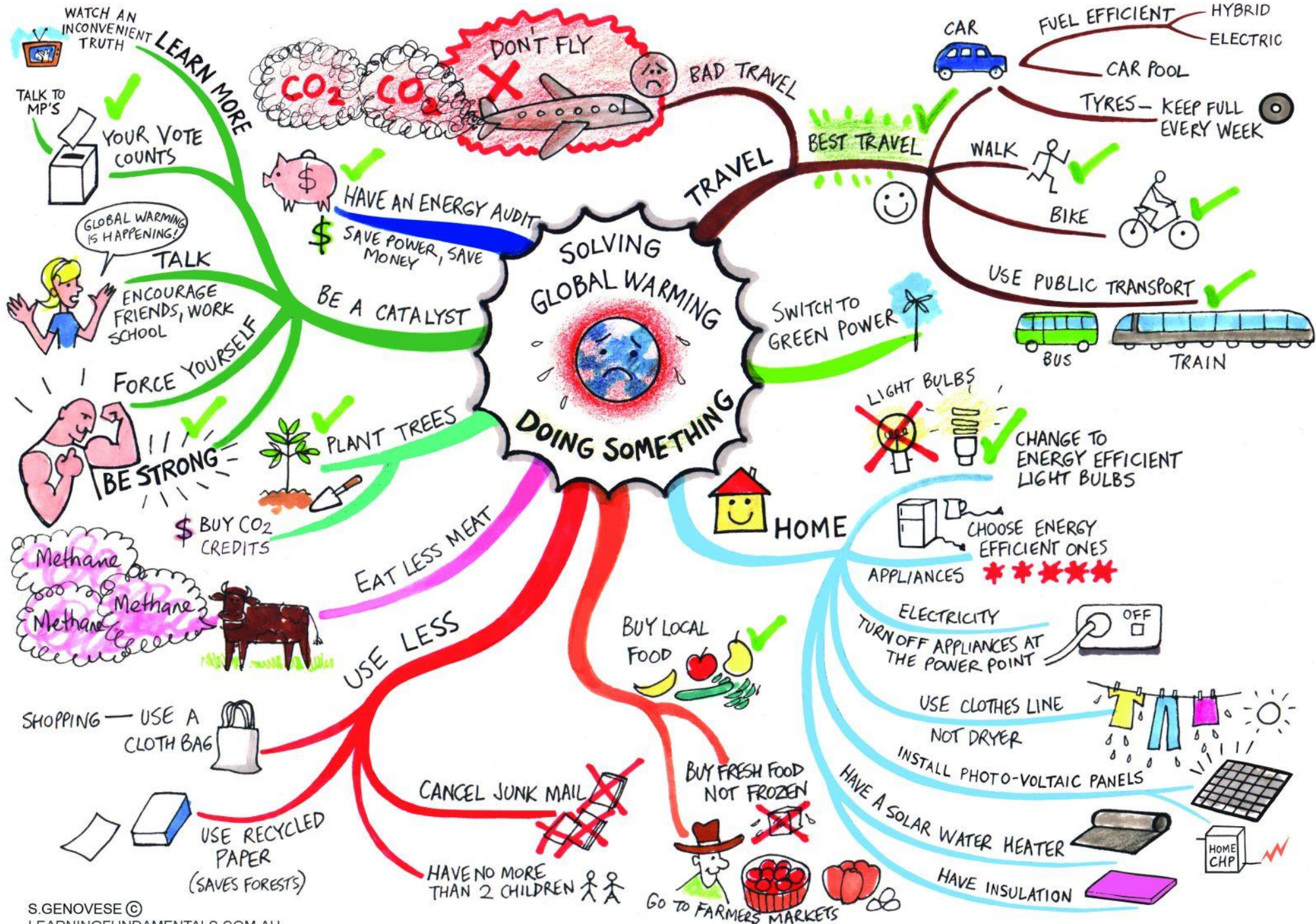
Brain dump!

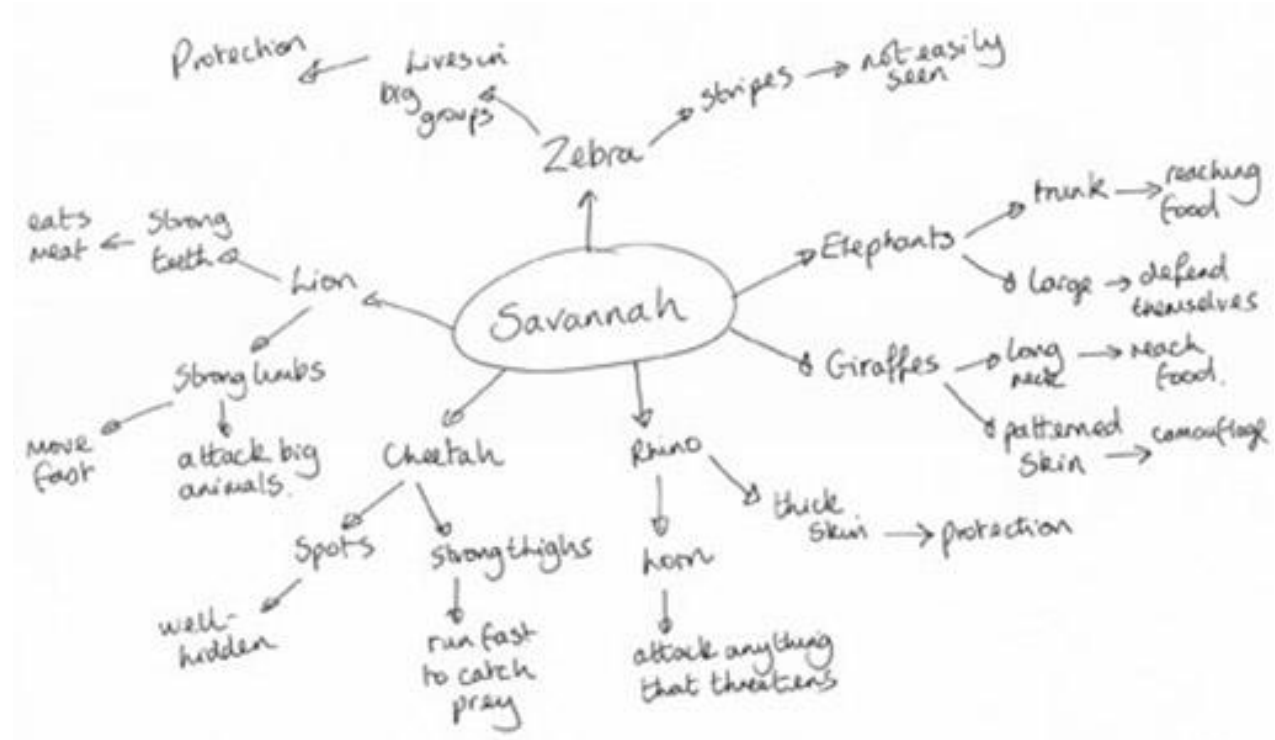
1. On a piece of paper, write down everything you can remember about one topic. E.g. photosynthesis. 60 seconds only
2. Put the paper to one side
3. Spend 15 minutes using books, revision guides revising that topic.
(READ, COVER, WRITE, CHECK)
4. Close your books, add all your new learning onto your original piece of paper in a different colour pen

PROGRESS AND SUCCESS IS VISIBLE



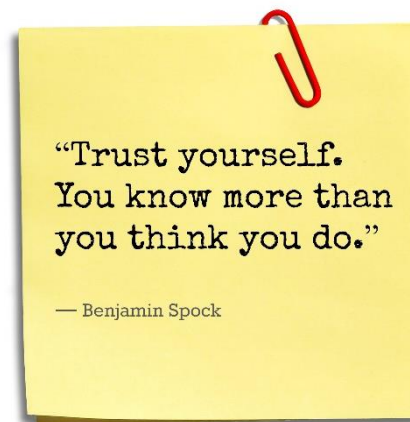






Post-it notes

1. Write small pieces of information on each one
2. It works well with key word definitions or facts
3. Stick them around your house
4. Every time you pass one, repeat the information out loud to yourself



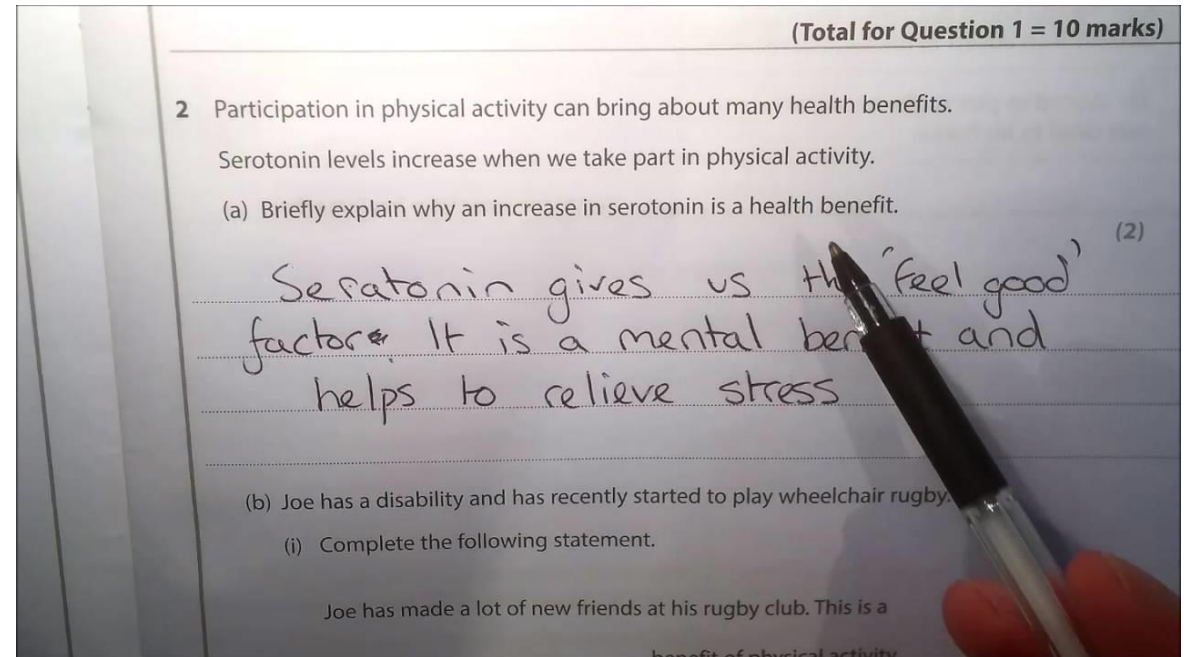
Past exam questions

Not original... but it works!

Useful for:

- Command words
- Timings
- Style of question

A need to practise, practise, practise



ebay

amazon

You Tube



GCSE Bitesize

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