

**Subject:** Learning For Life      **Year:** 7 HT1-6      **Ability:** All

Term / Date(s)	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
<b>Topic</b>	Transition, Safety & Mental Health Unit 1 (Health & Wellbeing)	Mental Wellbeing & Health (Statutory PSHCE)	Discover Skills, Aspirations & Careers Unit 2 (Living in the wider world / Careers)	Democracy, Government & the Rights and Responsibilities of Citizens (Citizenship)	Health & Personal Awareness (Statutory PSHCE)	Financial Education Unit 3 (Living in the wider world)
Topic overview	<ul style="list-style-type: none"> <li>• What is PSHCE &amp; British Values</li> <li>• Friendships, Transition &amp; Relationships</li> <li>• Risk Taking Behaviours</li> <li>• Mental Health &amp; Wellbeing</li> <li>• Mental Health Stigmas</li> </ul>	<ul style="list-style-type: none"> <li>• Young carers</li> <li>• Childhood Adversity</li> <li>• Reliable support services</li> <li>• Coping with loss</li> <li>• Guided Relaxation, stretch &amp; relax &amp; a meditation &amp; body scan</li> <li>• Emotional Wellbeing &amp; Anxiety</li> <li>• Screen time</li> </ul>	<ul style="list-style-type: none"> <li>• Enterprising</li> <li>• Introduction to careers</li> <li>• Equal Opportunities</li> <li>• Personal Values &amp; Links to Careers</li> <li>• Types of job</li> <li>• Future Aspirations</li> </ul>	<ul style="list-style-type: none"> <li>• British Values- What is Citizenship?</li> <li>• British Values- Precious Liberties of Citizens</li> <li>• Political Systems (House of Commons, House of Parliament)</li> <li>• Operation of Parliament (Voting, elections, rolls of parties)</li> <li>• Monarchy &amp; Patriotism</li> <li>• Being an Active Citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Hygiene</li> <li>• Physical Wellbeing - managing minor medical conditions, assessing medical services</li> <li>• Healthy sleeping habits</li> <li>• Physical Wellbeing-self-awareness, checking lumps &amp; moles, skin care, SPF</li> <li>• Cosmetics &amp; aesthetics</li> <li>• Dental hygiene &amp; purpose of vaccinations</li> </ul>	<ul style="list-style-type: none"> <li>• Financial Risk Taking</li> <li>• Wage Slips</li> <li>• Budgeting &amp; Saving</li> <li>• Goal Setting</li> </ul>

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Term / Date(s)	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
<b>Topic</b>	Drugs & Alcohol Unit 1 (Health & Wellbeing)	Mental Wellbeing & Health (Statutory PSHCE)	Exploring Careers (Careers)	Democracy, Government & the Rights and Responsibilities of Citizens (Citizenship)	Digital Literacy Unit 2 (Statutory PSHCE)	Financial Decision-Making Unit 3 (Statutory PSHCE)
Topic overview	<ul style="list-style-type: none"> <li>• What is PSHCE &amp; British Values?</li> <li>• Legal &amp; Illegal Substances</li> <li>• Habit &amp; Dependence</li> <li>• Alcohol Education</li> <li>• Smoking Education</li> <li>• Social Norms</li> </ul>	<ul style="list-style-type: none"> <li>• Resilience</li> <li>• Coping with Change</li> <li>• Kindness &amp; Supporting Others</li> <li>• Building Positive Relationships (Bullying)</li> <li>• Media Portrayal of Body Image</li> <li>• The Importance of Physical Wellbeing (Exercise)</li> <li>• Nutrition &amp; Physical Wellbeing</li> </ul>	<ul style="list-style-type: none"> <li>• Medicine &amp; the NHS</li> <li>• STEM</li> <li>• Construction</li> <li>• Tourism &amp; Hospitality</li> <li>• Emergency &amp; Uniformed Services</li> <li>• Environment &amp; Land</li> </ul>	<ul style="list-style-type: none"> <li>• British Values- Precious Liberties of Citizens</li> <li>• British Values- Precious Liberties of Citizens</li> <li>• The Nature of Rule &amp; Law &amp; the Justice System</li> <li>• The Nature of Rule &amp; Law &amp; the Justice System</li> <li>• Operations of Courts and Tribunals</li> <li>• The Role of the Police</li> </ul>	<ul style="list-style-type: none"> <li>• Fake News, social media &amp; Misleading Information</li> <li>• Recognising Online Grooming</li> <li>• Protecting Yourself from Online Grooming</li> <li>• Age Restrictions &amp; Making Responsible Decisions</li> <li>• Risks of In Game Currency &amp; Loot Boxes</li> <li>• Public &amp; Private Content</li> </ul>	<ul style="list-style-type: none"> <li>• How to budget &amp; savings options</li> <li>• Prevent &amp; Manage Debt</li> <li>• Data collected &amp; targeted advertising</li> <li>• Online Gambling</li> <li>• Addiction to Gambling</li> <li>• Fraud &amp; Cyber Crime</li> <li>• Online Fraud &amp; Money Laundering</li> </ul>

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Term / Date(s)	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
<b>Topic</b>	Peer Influence Unit 1 (Statutory PSHCE)	Mental Wellbeing & Health (Statutory PSHCE)	Exploring Future Pathways (Careers)	Democracy, Government & the Rights and Responsibilities of Citizens (Citizenship)	Setting Goals Unit 2 (Statutory PSHCE)	Employability Skills Unit 3 (Statutory PSHCE)
Topic overview	<ul style="list-style-type: none"> <li>What is PSHCE &amp; British Values?</li> <li>Healthy &amp; Unhealthy Friendships</li> <li>Assessing Risk &amp; Managing Influences (Gangs)</li> <li>Passive, Aggressive &amp; Assertive Behaviours</li> <li>Legal &amp; Physical risks of carrying a Knife</li> <li>Social Norms &amp; Risks (Alcohol &amp; Drugs)</li> </ul>	<ul style="list-style-type: none"> <li>Coping with Stress &amp; Anxiety</li> <li>Positive Mental Attitude</li> <li>Sleep</li> <li>Fatigue &amp; Vitamin Deficiency</li> <li>Dealing with Minor Illnesses (Attendance &amp; Resilience)</li> <li>Accessing basic necessities (period poverty, bed poverty, food banks)</li> <li>Taking Responsibility for personal hygiene</li> </ul>	<ul style="list-style-type: none"> <li>What are A Levels?</li> <li>What are NVQs?</li> <li>What are Apprenticeships?</li> <li>What are BTECs?</li> <li>What are Degrees?</li> <li>What are T Levels?</li> </ul>	<ul style="list-style-type: none"> <li>Public Institutions (NHS, DfE, Transport &amp; Housing)</li> <li>Public Institutions (Health &amp; Social Care, Work &amp; Pensions, Food Standards, Treasury, Commonwealth)</li> <li>Voluntary Groups (Charity)</li> <li>Local Community Improvement</li> <li>School-Based Activities (Extra-Curricular)</li> <li>Charity in School</li> </ul>	<ul style="list-style-type: none"> <li>Employment Rights &amp; Responsibilities</li> <li>Gender Discrimination in the Workplace</li> <li>Overcoming Challenge &amp; Adversity in the Workplace</li> <li>Strengths &amp; Interests in Relation to Career Development</li> <li>Strategies to Support Progress</li> <li>Maintaining a Positive Presence Online</li> </ul>	<ul style="list-style-type: none"> <li>Transferable Skills, Abilities &amp; Interests.</li> <li>Career Pathways.</li> <li>Finding Careers</li> <li>GCSEs &amp; Post 16 Options.</li> <li>Exploring Careers</li> <li>Skills for Decision Making.</li> </ul>

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Term / Date(s)	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
<b>Topic</b>	Unit 1 - Building for the future	Exploring beliefs & meaning (Religion & Ethics)	Experiencing Post 16 (Careers) Unit 2 - Next Steps	Democracy, Government & the Rights and Responsibilities of Citizens (Citizenship)	Investigating questions about morality & diversity (Religion & Ethics)	Preparing for Future Life – Unit 3
Topic overview	<ul style="list-style-type: none"> <li>What will the next few years look like?</li> <li>Thinking about your future</li> <li>Careers case studies</li> <li>Work conduct</li> <li>Perfecting personal statements and CVs</li> <li>Perfecting personal statements and CVs</li> <li>Interviews</li> </ul>	<ul style="list-style-type: none"> <li>What is the meaning and purpose of life?</li> <li>Is there life after death?</li> <li>Is religion a negative concept?</li> <li>Where does extremism come from?</li> <li>What does it mean to be British and religious?</li> <li>What is God like?</li> <li>What is atheism?</li> </ul>	<ul style="list-style-type: none"> <li>Personality types, skills &amp; Qualities</li> <li>What is a CV?</li> <li>Writing a CV</li> <li>What is a Personal Statement?</li> <li>The Value of a Reference/Digital Footprint</li> </ul>	<ul style="list-style-type: none"> <li>Roles of executive parliamentary members</li> <li>Holding those in Power to account (Legislature, Judiciary &amp; Free Press)</li> <li>Electoral Systems (UK &amp; Other Countries)</li> <li>International Governance (Commonwealth, United Nations)</li> <li>Human Rights &amp; International Law</li> </ul>	<ul style="list-style-type: none"> <li>Jihad</li> <li>Religion and Pacifism</li> <li>Business Ethics</li> <li>Genetic Engineering</li> <li>Responses to injustice</li> <li>Can we build an inclusive society?</li> </ul>	<ul style="list-style-type: none"> <li>Learning to drive</li> <li>Risky behaviour- drugs &amp; alcohol</li> <li>Personal Safety</li> <li>Consent</li> <li>Household budgeting</li> <li>Bank accounts, savings &amp; wage slips</li> </ul>

**Subject:** Learning For Life      **Year:** 11 HT1-6      **Ability:** All

Term / Date(s)	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	
<b>Topic</b>	Unit 1 - Building for the future	Exploring beliefs & meaning (Religion & Ethics)	Experiencing Post 16 (Careers) Unit 2 - Next Steps	Democracy, Government & the Rights and Responsibilities of Citizens (Citizenship)	Preparing for Future Life – Unit 3	
Topic overview	<ul style="list-style-type: none"> <li>• What will the next few years look like?</li> <li>• Thinking about your future</li> <li>• Careers case studies</li> <li>• Careers case studies</li> <li>• Work conduct</li> <li>• Perfecting personal statements and CVs</li> <li>• Perfecting personal statements and CVs</li> <li>• Interviews</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction to moral philosophy</li> <li>• Utilitarianism</li> <li>• Is it ever right to lie?</li> <li>• Kantian Ethics</li> <li>• Situation Ethics</li> <li>• Natural Law</li> <li>• The hot air balloon debate</li> </ul>	<ul style="list-style-type: none"> <li>• Expectations</li> <li>• Revision techniques</li> <li>• Revision timetables &amp; time management</li> <li>• Exam technique</li> <li>• Anxiety &amp; Stress management</li> </ul>	<ul style="list-style-type: none"> <li>• Being an Active Citizen</li> <li>• The Role of the Police</li> <li>• Charity in School</li> <li>• Being an Active Citizen (Improving community, Volunteering, responsible activity)</li> <li>• Human Rights &amp; International Law</li> </ul>	<ul style="list-style-type: none"> <li>• Learning to drive</li> <li>• Risky behaviour- drugs &amp; alcohol</li> <li>• Personal Safety</li> <li>• Consent</li> <li>• Household budgeting</li> <li>• Bank accounts, savings &amp; wage slips</li> <li>• Re-Cap of Unit</li> </ul>	