

**Subject: PSHCE                      Year: 7 Units 1-3                      Ability: All**

Term / Date(s)	Unit 1 - Relationships	Unit 2 – Health & Wellbeing	Unit 3 - Relationships
<b>Topic</b>	Building Relationships / Identity and Relationships	Health and Puberty / Healthy Lifestyle	Diversity / Discrimination
Topic overview	Students will learn about self-worth, romance and friendships and boundaries both in person and online. They will learn about Gender Identity, Sexual Orientation, Consent, 'sexting' and will be introduced to contraception.	Students will learn about Healthy routines, influences on health and lifestyle, puberty, unwanted and unsolicited contact and FGM. They will learn about Diet, Exercise, Lifestyle balance and making healthy choices.	Students will learn about Diversity, Prejudice and Bullying and how this can affect their daily life. Students will understand different forms of Discrimination, including: racism, religious, disability, sexism, homophobia, biphobia and transphobia.

**Subject: PSHCE                      Year: 8 Unit 1-3                      Ability: All**

Term / Date(s)	Unit 1 - Relationships	Unit 2 – Health & Wellbeing	Unit 3 - Relationships
<b>Topic</b>	Respectful Relationships	Emotional Well-being	Intimate Relationships
Topic overview	Students will learn about families, healthy relationships, conflict resolution and relationship changes. Students will learn about Marriage throughout the world, including the legalities surrounding marriage. Students will learn about factors surrounding homelessness. Students will learn about managing family changes including divorce and becoming a parent.	Students will learn about mental and emotional well-being. They will understand what healthy and unhealth well-being looks like and also how to cope and manage these and build resilience. Students will focus on Peer-on-Peer abuse and developing resilience in a digital age. They will learn how social media can impact their lives and utilise it safely.	Students will learn about the characteristics of healthy, positive intimate sexual relationships. Pupils will learn how consent can be communicated and recognised and the choices they have within intimate relationships. Students will learn how to recognise signs of domestic abuse and relationship troubles and how to safely seek support.

**Subject: PSHCE                      Year 9: Unit 1-3                      Ability: All**

Term / Date(s)	Unit 1 - Relationships	Unit 2 – Health & Wellbeing	Unit 3 - Relationships
<b>Topic</b>	Extremism & Radicalisation	Exploring Influence	Healthy Relationships
Topic overview	Students will learn about stereotyping and discrimination within communities. They will learn about different extremist groups and how to recognise Extremism and Radicalisation. Students will learn the signs of both Radicalisation and Extremism and will be given the knowledge of how to seek support for themselves and others. Students will learn how to safely challenge Discrimination and Prejudice within their lives.	Students will learn about Peer Pressure and Consent; this knowledge will then be applied to FGM and how this impacts women. Students will learn about positive and negative role models and how these can shape young people's decision making. Students will learn about drugs and alcohol and how these can play a role within Gang Culture. Students will learn about managing peer influence with regards to gang crime and how to exit such situations.	Students will learn about relationships and expectations of sex including myths and challenges in relationships. Students will learn about the media impact of pornography on sexual attitudes, expectations and behaviours and how this relates to consent. Students will re-visit consent and look at the issues surrounding coercion and manipulation. Students will look at sexuality and gender and understand where to find support it required.

**Subject: PSHCE      Year: 10 Enrichment Days      Ability: All**

Term / Date(s)	Enrichment Day 1 – 9 <sup>th</sup> November 2022	Enrichment Day 2 – 15 <sup>th</sup> March 2023	Enrichment Day 3 – 14 <sup>th</sup> June 2023
<b>Topic</b>	Personal Development	Personal Development	Personal Development
Topic overview	First Aid (CPR) Contraception & Sexual Health Drugs & Alcohol Awareness – The Base (Change, Grow, Live) <i>External Speaker</i> Youth Crime Prevention Session 1 – WY Police <i>External</i> CV & Personal Statement Writing – Reed Education <i>External</i>	Gambling Awareness – GamCare <i>External</i> Financial Education Gender Equality – Sahera Patel <i>External</i> Knife Crime Matters – Mark Reynolds <i>External</i> Cyber Crime Awareness – WY Police <i>External</i>  <i>Child Employment Assembly</i>	Youth Crime Prevention Session 2 – WY Police <i>External</i> Risky Behaviour and Life Skills Team building Tender – Relationship Abuse <i>External</i> Brook – Sexuality and Gender <i>External</i>

**Subject: PSHCE      Year: 11 Enrichment Days      Ability: All**

Term / Date(s)	Enrichment Day 1 – 7 <sup>th</sup> December 2022	Enrichment Day 2 – 22 <sup>nd</sup> March 2023	
<b>Topic</b>	Personal Development	Personal Development	
Topic overview	Pregnancy & Parenting Interview Skills The Base – Drugs Awareness <i>External</i> Youth Crime & Prevention – WY Police <i>External</i> CV & Personal Statement Writing – Reed Education <i>External</i>	Knife Crime Matters – Mark Reynolds <i>External</i> Youth Crime Prevention – WY Police <i>External</i> Domestic Abuse Awareness Brook – Pornography & Online Digital Life <i>External</i> GamCare – Gambling Awareness <i>External</i>  <i>Child Employment Assembly</i>	